



10 Not So
Fun
Facts About
Mold and Mildew

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Molds Are Important to the Environment

Because they destroy organic materials, they play a major role in helping leaves break down. The breakdown of these plants integrate with the soil and enrich it.

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Mold Is Destructive

While mold is important to the environment, it is the decaying property of the fungi that makes them dangerous.

When prevalent in homes, buildings, and on other surfaces, the area will deteriorate.

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Mold Can Enter the Body

Most people believe that mold only grows on surfaces. However, the fungi can enter the body. They can enter the body through several ways. These include inhalation, cutaneous, injection, absorption, and ingestion.

When present in the body, you'll exhibit various symptoms.

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Mold Is Everywhere

As they are a natural aspect of the environment, molds can be found everywhere. They can grow on almost every surface.

You'll find them growing on carpets, woods, food, plants, paper, and several other items.

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Mold Thrives Where There Is Moisture

Mold spores are everywhere. They need moisture to develop and flourish. Hence, you'll find them in abundance where the area is moist or damped.

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Molds Are Probably in Your Home

You'll likely find mold thriving in your favorite places, especially in areas where water is used frequently. This includes your bathroom, sink, and kitchen.

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Mold Grows Fast

After exposure to moisture, mold and mildew will likely develop between 24 – 48 hours. If steps aren't taken to remedy the situation and remove the source of moisture, they'll continue to develop and grow.

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Exercise Caution When Dealing with Mold

Mold and mildew release spores. If you're cleaning and disinfecting a surface contaminated with mold, ensure to take precautions. In some cases, especially when mold dominates an area, use appropriate gears.

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There Is No Practical Way to Get Rid of Mold

You'll not be able to completely remove mold and mildew indoors or outdoors.

However, what you can do is control the level of mold and mildew within your home.

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There Are Different Types Of Molds and Their Impact Differ

The impact at which mold affects your health depends on the frequency of exposure, type of mold you've been exposed to, level of mold, or exposure over a period of time.

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